



RELEASE AGREEMENT FORM FOR FACILITY USE BY AN OUTSIDE INDIVIDUAL OR GROUP

UNIVERSITY OF MARYLAND

I, the undersigned, do hereby acknowledge and understand that I will be using the University of Maryland / Jones Hill-House weight room.

I further acknowledge that I have been advised of the risks involved in the use of the strength and conditioning facility, and its equipment. I further acknowledge that I have been warned that my use of the strength and conditioning facility and its equipment could result in injury or harm to myself.

I acknowledge and assume any such risk to my person should I use the strength and conditioning facility and its equipment.

In the event that I should sustain injury to myself as a result of my use of the strength and conditioning facility and its equipment, I hereby agree to hold harmless the University of Maryland coaches, athletic trainers, supervisors, or any other employees.

I have read and fully understand the contents of this “hold harmless” agreement and execute same as my own voluntary act.

I agree to modify my workout to conform to the recommendations of the University of Maryland strength and conditioning staff if asked to do so, and I agree to leave the strength and conditioning facility if asked to do so by a member of the staff.

Signature: _____ Date: _____

Name (printed): _____

Agreement valid from: _____ to: _____